



What is ALS?

WHAT CAN BE DONE TO SUPPORT HEALING?

ALS (Amyotrophic Lateral Sclerosis) represents a group of symptoms caused by the collapse of the internal environment (terrain) of the body. ALS is diagnosed by the exclusion of other ailments.

Most neurologists say that ALS clinical diagnosis is a progressive, irreversible condition usually terminal within 3-5 years. Because most neurologists believe this, they are reluctant to make the diagnosis early and the patient often waits to do ANYTHING until their neurologist gives them a firm diagnosis. It is a major mistake for the patient to WAIT on the diagnosis before starting therapies that could improve their outcome.

Once a person SUSPECTS they might have ALS, they should immediately try to determine why their terrain has collapsed instead of waiting for the NAME of the symptom (ALS) from the neurologist (usually an additional 12 months to get the diagnosis).

Conventional allopathic doctors are pretty good at providing a symptom label for the purpose of using standard insurance reimbursement, but most doctors are not very successful in resolving/reversing chronic diseases. The ALS patient is often more successful in identifying root causes of their condition and finding effective integrative therapies than their allopathic doctor. ALS patients usually receive signals from their body LONG before one has obvious ALS (such as fatigue, brain fog, trouble sleeping, digestive issues and many more).

True Healing begins when we stop looking for a diagnosis for the symptoms and instead, look at the body terrain as a whole and work on the causes.

The Terrain deterioration starts with:

- 1) Accumulation of toxins from the external environment (such as electro pollution, accumulation of emotional traumas and chemical pollutants in water, food & air)
- 2) Mitochondria then disfunction and cells struggle to produce ATP energy
- 3) Immune system responds to traumas, toxins and microbes that are increasing in the body. When there is a collapse of the terrain, the immune system breaks down. It can start in the brain where immune cells which watch the nervous system become over-active instead of being calm. Those immune cells release inflammatory compounds that damage the neurons and other tissues.

There are also mast cells that start firing chronically and releasing inflammation-producing histamine in the brain, gut, lung, etc. All of this disrupts sleep and digestion primarily by damaging the vagal nerve.

4) Compromised gut and brain lining. The linings are the barriers that determine what passes through that barrier. When it is compromised, this deteriorates the internal environment. These are causes of low energy and poor recovery from stress or illness.

Time is wasted if you go through the process of exclusion to get a symptom Diagnosis, so don't wait for a diagnosis but start looking for causes immediately.

Have you been tested for and treated for:

- 1) Mitochondrial health (cellular energy production), immune regulation and detox capability for every cell in your body
- 2) Mold (known to damage nerve function)
- 3) Heavy metals, which impair immune and nerve function
- 4) Glyphosate, which impairs immune and nerve function
- 5) Gut permeability, which increases brain inflammation
- 6) Microbiome (gut bacteria) imbalances
- 7) Emotional trauma, grief or chronic stress, which affect your nervous system
- 8) Nutritional health/fats/vitamins, minerals, antioxidants and allergies.

ALS does not begin with the more-advanced neurological symptoms (hand tremors, stumbling when walking, fasciculations and slow speech). These symptoms occur after many years of deterioration of the terrain from nutrient depletion, exposure to toxins, infections, spinal damage, head or neck injuries, physical trauma, emotional trauma, etc.

The unraveling of the body systems happened over years and will not be a quick fix. It does not improve markedly with one or two modalities.

Synergy Healing will evaluate, educate and instruct people with suspected or documented ALS and other chronic diseases about likely causes of their conditions and provide them with various resources and modalities to address the deterioration of their nervous system, their digestion and other organ systems as well as nutrition, detoxification, mitochondrial function, immune regulation, emotional traumas, and many more.